



Naneghat Monsoon Trek 2026 Mumbai | Naneghat Reverse Waterfall Trek

🕒 21 hours

Overview

Adventure Geek invites you to [Naneghat Trek](#)

Naneghat Monsoon Trek 2026 | Reverse Waterfall Trek Near Mumbai

Naneghat Monsoon Trek – A Journey Through Ancient Trade Routes and Monsoon Magic

Experience one of Maharashtra's most iconic monsoon treks as you walk through the historic mountain pass of Naneghat. Hidden amidst the rugged peaks of the Western Ghats, the Naneghat Monsoon Trek offers breathtaking valley views, ancient caves, mist-covered trails, roaring waterfalls, and the famous reverse waterfall phenomenon that attracts trekkers from Mumbai and Pune every monsoon season.

Located near Junnar in Pune district, Naneghat was once an important trade route connecting the Konkan coast with the Deccan Plateau during the Satavahana dynasty. Today, it stands as a paradise for trekkers, photographers, history enthusiasts, and nature lovers.

Whether you are a beginner looking for your first monsoon trek or an experienced trekker chasing cloud-covered mountain trails, Naneghat promises an unforgettable adventure.



Naneghat Reverse Waterfall

One of the most fascinating attractions of the Naneghat Monsoon Trek is the famous Naneghat Reverse Waterfall. This rare natural phenomenon transforms an already beautiful trekking destination into one of the most spectacular monsoon experiences in Maharashtra. Every year, thousands of adventure enthusiasts, photographers, and nature lovers visit Naneghat specifically to witness this incredible display of nature's power.

A reverse waterfall occurs when strong winds blowing through mountain valleys become powerful enough to push falling water upward. Instead of cascading down cliffs as expected, the water appears to rise back toward the sky. At Naneghat, the unique geography of the Sahyadri ranges creates ideal conditions for this phenomenon during the peak monsoon months of July and August.

The Naneghat reverse waterfall viewpoint near Nanacha Angatha offers some of the most dramatic scenes in the Western Ghats. As clouds race across the valleys and powerful gusts of wind sweep through the cliffs, waterfalls are lifted into the air, creating a mesmerizing spectacle. The combination of mist, wind, and roaring water creates an atmosphere that feels almost surreal.

For many trekkers, the reverse waterfall trek is more than just a hiking experience. It is an opportunity to witness one of nature's rarest displays while surrounded by lush green mountains, ancient caves, and panoramic valley views. The location becomes a paradise for photography enthusiasts looking to capture unique monsoon landscapes.

The Naneghat reverse waterfall is often considered one of the best reverse waterfalls near Mumbai due to its accessibility and scenic surroundings. Unlike many remote locations, Naneghat can be reached comfortably as a weekend getaway from both Mumbai and Pune, making it a favourite destination during the monsoon season.

If you are planning a reverse waterfall trek near Mumbai, Naneghat deserves a place at the top of your list. The dramatic scenery, powerful winds, and unforgettable views combine to create an adventure that showcases the raw beauty of the Sahyadri mountains at their finest.

History of Naneghat Cave

The historic Naneghat Cave stands as one of Maharashtra's most important archaeological and cultural landmarks. Hidden within the rugged cliffs of the Western Ghats, this ancient cave offers a



fascinating glimpse into the region's rich past and highlights the significance of the Ancient Trade Route Maharashtra once depended upon for commerce and communication.

Dating back more than 2,000 years, the Naneghat Cave was created during the reign of the Satavahana Dynasty, one of the most influential ruling powers in ancient India. The Satavahanas controlled vast territories across the Deccan region and established Naneghat as a strategic trade corridor linking the prosperous ports of the Konkan coast with the markets and settlements of the Deccan Plateau.

The word "Naneghat" translates to "Coin Pass," reflecting the toll collection system used by traders who crossed the route carrying valuable goods such as spices, textiles, precious stones, and agricultural products. Historical records suggest that merchants paid taxes at this mountain pass before continuing their journey through the Sahyadri ranges.

The Naneghat Cave served as a resting point for travellers and traders navigating the challenging mountain terrain. The cave contains ancient inscriptions written in Brahmi script, providing valuable information about the Satavahana rulers, their family lineage, religious practices, and administrative systems. These inscriptions are considered among the most significant historical records from the Satavahana period.

Today, trekkers visiting Naneghat can still explore the cave and witness these remarkable remnants of ancient Indian history. Standing inside the cave while overlooking the dramatic valleys below offers a unique connection between the region's rich heritage and its breathtaking natural beauty.

The Naneghat Cave is far more than a trekking attraction. It is a living monument to Maharashtra's historical importance, preserving the story of an ancient civilisation that helped shape trade, culture, and commerce across the Indian subcontinent.

Check out Other Treks

[Aadrai Jungle Trek](#)

[Andharban Jungle Trail](#)

[Harishchandragad Trek](#)

[Korigad Fort Trek](#)

Highlights

- Ancient Naneghat cave



Naneghat Monsoon Trek 2026 Mumbai | Naneghat Reverse Waterfall Trek

- Explore the historic cave carved into the mountains over two millennia ago. The cave served as a resting point for traders and remains one of Maharashtra's most important archaeological sites.
- Spectacular Valley Views
- Enjoy panoramic views of the Sahyadri mountain ranges, deep valleys, waterfalls, and cloud-covered cliffs.
- Monsoon Waterfalls
- The entire region comes alive during monsoon with countless waterfalls flowing through the valleys and surrounding mountains.
- Jivdhan Fort Viewpoint
- Get stunning views of the mighty Jivdhan Fort, one of the most challenging forts in Maharashtra.
- Misty Mountain Trails
- Walk through scenic pathways surrounded by clouds, lush greenery, and refreshing mountain air.

Itinerary

Naneghat Trek | Monsoon Trek to Naneghat

Naneghat Waterfall Trek 2026

naneghat reverse waterfall Trek

Trek Details:

- Naneghat **Trek Trail**: Hiking
- Naneghat Trek **Base Village**: Malshej Ghat, Junnar, Kalyan, Maharashtra
- Naneghat **Trek Difficulty**: Easy to Moderate
- Naneghat **Trek Endurance**: Medium/Average
- Naneghat **Trek Duration**: 6-8 hrs (both sides)
- Naneghat Trek **Best Time**: Throughout the year
- Naneghat Trek **Distance from Mumbai**: 140 km



Naneghat Reverse Waterfall Trek – Detailed Itinerary

Overnight Journey into the Heart of the Sahyadris

10:30 PM – Assemble at Borivali (East)

Meet the Adventure Geek team near Sanjay Gandhi National Park, Borivali (E). Complete a quick check-in, meet your fellow trekkers, and get ready for an exciting overnight adventure into the misty mountains of the Western Ghats.

10:45 PM – Departure from Borivali

Our journey towards the legendary Naneghat begins. Leave behind the city lights as we head towards one of Maharashtra's most iconic monsoon trekking destinations.

Pickups Along the Route

11:00 PM – Malad, Goregaon, Andheri & Bandra

Convenient pickup points for trekkers joining from the western suburbs.

11:30 PM – Sion Lunch Home, Sion (East)

11:40 PM – Amar Mahal Junction, Ghatkopar

12:15 AM – Teen Hath Naka, Thane

As the city sleeps, our adventure continues through winding highways leading towards the ancient mountain pass of Naneghat.

Arrival at the Base Village

04:30 AM – Reach Naneghat Base Village

Arrive at the base village nestled amidst the Sahyadri ranges. Relax in the bus and catch some rest while the mountains slowly awaken beneath the first light of dawn.

05:30 AM – Breakfast & Trek Briefing

Freshen up and enjoy a hearty local breakfast. After a short introduction by the trek leaders covering the history, route, and safety guidelines, we begin our trek towards the historic Naneghat Pass.



Trek Through Clouds, Waterfalls & Ancient History

The trail gradually climbs through lush monsoon landscapes, flowing streams, and mist-covered valleys. As the sun rises, the Sahyadris reveal dramatic cliffs, hidden waterfalls, and breathtaking mountain vistas.

09:00 AM – Reach the Historic Naneghat Cave

Explore the ancient rock-cut cave that once served as a resting place for traders crossing this legendary route over 2,000 years ago. Take in the fascinating history and admire panoramic views stretching across the Western Ghats.

Witness the Famous Reverse Waterfall

Continue towards the iconic **Nanacha Angatha (Thumb Peak)** viewpoint, where nature puts on its most spectacular monsoon show.

Feel the powerful mountain winds lift cascading water back towards the sky, creating the famous **Reverse Waterfall** phenomenon. Capture incredible photographs, soak in the misty atmosphere, and enjoy some of the most dramatic views in Maharashtra.

Return Journey

10:30 AM – Begin Descent

After spending quality time at the viewpoints and cave, begin the descent through scenic trails surrounded by lush greenery and cloud-covered cliffs.

01:30 PM – Reach Base Village

Complete the trek and return to the base village with memories, photographs, and stories that will last long after the monsoon ends.

Journey Back Home

02:30 PM – Refreshments En Route

Enjoy evening snacks while reliving the highlights of the trek with your fellow adventurers.

06:00 PM – Reach Thane, Dadar & Borivali

Arrive back in Mumbai carrying unforgettable memories of ancient caves, roaring waterfalls, and one of the most unique monsoon experiences in the Sahyadris.



Trek Completed – Until the Next Adventure!

06:00 pm: Reach Borivali/Dadar

Why Join the Naneghat Monsoon Trek 2026?

- ✓ Witness the famous Reverse Waterfall during peak monsoon
- ✓ Explore the historic Naneghat Cave dating back over 2,000 years
- ✓ Trek through lush green forests and misty mountain trails
- ✓ Enjoy breathtaking views of Jivdhan Fort, Malshej Ghat, and surrounding valleys
- ✓ Experience one of the best monsoon treks near Mumbai and Pune
- ✓ Perfect weekend getaway for nature lovers and adventure seekers
- ✓ Ideal trek for beginners and first-time trekkers

About Naneghat

Naneghat, meaning "Coin Pass," derives its name from the toll collection system used by ancient traders crossing this route centuries ago. The pass played a significant role in trade between the Konkan region and inland Maharashtra.

The famous cave at Naneghat contains ancient inscriptions and stone carvings that provide valuable insight into the Satavahana Empire. Trekking here is not only an adventure but also a journey through Maharashtra's rich historical heritage.

During the monsoon season, the landscape transforms into a lush green paradise with waterfalls cascading from every cliff, making it one of the most scenic trekking destinations in Maharashtra.

Naneghat Reverse Waterfall Trek

One of the biggest attractions of the Naneghat monsoon trek is the reverse waterfall.



During strong monsoon winds, water flowing down the cliffs is pushed back upward, creating the illusion of a waterfall flowing in reverse. This rare natural phenomenon attracts thousands of trekkers and photographers every year.

Watching clouds race through the valley while water rises into the air is a truly unforgettable experience.

What Makes Naneghat Trek Special?

When it comes to choosing the best monsoon trek near Mumbai, few destinations can match the unique experience offered by the Naneghat Trek. Located amidst the rugged beauty of the Western Ghats, this historic mountain pass offers the perfect combination of adventure, nature, and heritage, making it one of the most popular weekend treks from Mumbai and Pune.

One of the biggest highlights of the Naneghat Trek from Pune and Mumbai is its accessibility. The trek is classified as easy to moderate, making it suitable for beginners, families, photography enthusiasts, and experienced trekkers alike. Unlike many challenging Sahyadri treks, Naneghat offers rewarding views without demanding extreme endurance.

The ancient Naneghat Cave adds a unique historical dimension to the trekking experience. Carved into the mountains over two thousand years ago, the cave served as a resting place for traders travelling along one of India's oldest commercial routes. Exploring the cave allows trekkers to connect with the rich legacy of the Satavahana rulers who once controlled this important trade corridor.

Another feature that makes Naneghat special is the famous reverse waterfall phenomenon. During peak monsoon months, strong mountain winds force water streams upward, creating a magical spectacle that draws adventure lovers from across Maharashtra. Witnessing the Naneghat Reverse Waterfall is often the highlight of the entire trek.

The scenic valley views are equally impressive. From the plateau, trekkers can admire endless stretches of green mountains, mist-filled valleys, seasonal waterfalls, and iconic landmarks such as Nanacha Angatha and Jivdhan Fort. Every viewpoint offers stunning photography opportunities, especially during sunrise and monsoon cloud formations.



Whether you are seeking a peaceful escape into nature, a historical exploration, or an exciting monsoon adventure, the Naneghat Trek delivers a memorable experience that keeps trekkers returning year after year.

Why Is Naneghat Trek Famous?

The Naneghat Trek is one of Maharashtra's most iconic trekking experiences, blending history, adventure, and breathtaking natural beauty into a single unforgettable journey. Located in the heart of the Sahyadri mountain ranges, the Naneghat Trek attracts thousands of trekkers every monsoon season who come to witness its stunning landscapes, ancient heritage, and the famous Naneghat reverse waterfall.

What makes the Naneghat Monsoon Trek truly unique is its rich historical significance. More than 2,000 years ago, Naneghat served as a vital trade route connecting the Konkan coast with the Deccan Plateau. Merchants carrying spices, textiles, and precious goods crossed this mountain pass during the reign of the Satavahana Dynasty. The name "Naneghat" itself comes from the Marathi words "Nane" meaning coins and "Ghat" meaning mountain pass, referring to the tolls collected from traders using this route.

Apart from its historical importance, Naneghat is famous for its spectacular monsoon scenery. During the rainy season, the entire region transforms into a lush green paradise filled with waterfalls, clouds, and mist-covered valleys. One of the biggest attractions is the Naneghat Reverse Waterfall, a rare natural phenomenon where strong winds push falling water upward, creating the illusion of a waterfall flowing in reverse.

Trekkers also visit the famous Nanacha Angatha, a giant thumb-shaped rock pinnacle that dominates the landscape. This natural formation offers incredible views of the surrounding valleys and has become one of the most photographed spots on the trek. From the Naneghat plateau, visitors can also enjoy magnificent views of the mighty Jivdhan Fort, one of the most challenging and historic forts in Maharashtra.

Combining ancient history, scenic mountain trails, reverse waterfalls, and panoramic Sahyadri views, the Naneghat Trek remains one of the most sought-after monsoon adventures near Mumbai and Pune.



Naneghat Trek Difficulty Level

Difficulty: Easy to Moderate

Endurance Level: Moderate

Suitable For:

- Beginners
- Solo Travelers
- College Groups
- Corporate Groups
- Families with trekking experience

No prior trekking experience is required

How to Reach Naneghat

From Mumbai

Distance: Approximately 130 km

Route:

Mumbai → Kalyan → Murbad → Tokawade → Vaishakhare → Naneghat

From Pune

Distance: Approximately 120 km

Route:

Pune → Narayangaon → Junnar → Ghatghar → Naneghat

Best Time to Visit Naneghat

The best time for the Naneghat Trek is during the monsoon season from June to September.



During this period, trekkers can witness the following:

- Reverse waterfalls
- Dense clouds
- Flowing streams
- Vibrant green landscapes
- Pleasant weather

Winter months from October to February are also ideal for those who prefer clear mountain views.

Things to Carry

- Trekking shoes with good grip
 - Rainwear or poncho
 - Extra pair of clothes
 - Water bottle (2 litres)
 - Personal medicines
 - Energy snacks
 - Small backpack
 - Mobile cover or waterproof pouch
 - Cap and sunglasses
 - Identity proof
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Safety Guidelines

- Follow trek leader instructions at all times.
 - Avoid standing close to cliff edges.
 - Wear proper trekking shoes.
 - Do not litter the trekking route.
 - Avoid alcohol and smoking during the trek.
 - Respect nature and local communities.
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Why Choose Adventure Geek?

At Adventure Geek, we believe every trek should be more than just a destination.

- ✓ Experienced trek leaders
- ✓ Well-planned logistics
- ✓ Safety-first approach
- ✓ Comfortable transportation
- ✓ Fun group atmosphere
- ✓ Thousands of happy trekkers
- ✓ Trusted trekking community across Maharashtra

Join us and experience the perfect blend of adventure, nature, history, and unforgettable memories.

Frequently Asked Questions

Is Naneghat Trek suitable for beginners?

Yes, Naneghat is one of the best beginner-friendly treks in Maharashtra.



What is the famous Reverse Waterfall at Naneghat?

During strong monsoon winds, waterfall streams are pushed upward, creating a reverse-flow effect.

What is the trek difficulty level?

The trek is classified as Easy to Moderate.

How long is the Naneghat Trek?

The total trekking distance is approximately 6–8 km depending on the route taken.

Is Naneghat safe during the monsoon?

Yes, when undertaken with experienced trek leaders and proper precautions.

Can children join the trek?

Children above 10 years with good fitness levels can participate under parental supervision.

Are washroom facilities available?

Basic facilities are available at the base village.

Is prior trekking experience necessary?

No prior experience is required.

Which is the best month for the Naneghat Trek?

July and August offer the best monsoon views and reverse waterfall experience.

Can I visit Naneghat without a guide?

Yes, but joining an organised trek ensures safety, transportation, coordination, and a better overall experience.

Where is Naneghat Trek located?

Naneghat is Located in the Junnar Region, Malshej Ghat

How do we travel to Naneghat Trek?

You can take your own car to Base Village and then trek to the top.

What is the endurance level of the Naneghat Trek?

The endurance level is medium for the Naneghat Trek.

Any washroom facilities at Naneghat Trek?

The washroom is available at the base village of the Naneghat trek.



Who can go for the Naneghat Trek?

Anyone willing to trek can go for the Naneghat trek.

Any resorts near the Naneghat trek?

There are a few resorts and homestays near Naneghat on Malshej Ghat Road.

Book Your Naneghat Monsoon Trek 2026 Today

Step into history, chase waterfalls, walk through clouds, and experience one of Maharashtra's most iconic monsoon adventures.

Join Adventure Geek for the Naneghat Monsoon Trek 2026 and discover why this legendary mountain pass continues to inspire trekkers year after year.

Booking Procedure:

- Click on the "BOOK NOW" button.
- Select your date & proceed.
- Select the number of tickets. (If you have a coupon code, apply at this stage.)
- Fill in our details and proceed.
- Select your payment type (UPI, debit card, or credit card) and proceed.
- Once your tickets are booked, you will receive a confirmation email and a WhatsApp on your number.
- WhatsApp group will be made and will add you in the Group one day prior to the departure.
- Further details about the trip will be shared on that WhatsApp group 1 day prior to the trip.

Step -1: - Send your money to the following account ---

✓ *Payment details:*

NOTE:

1. While online transfer, please provide your name in the notes section.
2. Once payment is done, please send an email to adventuregeek@gmail.com with the transaction id, name, and Mobile No.



You can make payments using any of the following modes

- UPI – vinaykgo5@okaxis
- Google Pay – 9004675388
- PhonePay – 9004675388

NEFT – Deposit the Amount into the Following Account:

- Name: *Adventure Geek*
- A/c type: *Current account*
- Bank: *Saraswat Bank*
 - * Branch: Mahavir Nagar
- A/C no.: 610000000013647(8 times 0)
- IFSC: Srcb0000146

Step 2: After payment, you will be requested to fill up the Mandatory disclaimer form online where you have to fill in relevant details including your complete address.

Step -3: Now your participation is confirmed the organizer will create a WhatsApp group on the event day for coordination, We will coordinate through SMS/ Call if the participant is not available in WhatsApp.

For details/bookings, drop a WhatsApp.

<https://wa.me/919004675388>

Health & Fitness:

For instant energy, carry glucose powder, energy drinks, or chocolates. Though trekking is a fun-filled activity, it demands a good amount of physical fitness. If you are under medication, please carry your medicines. During the trek, leaders will have over-the-counter medication for temporary treatment, so do give a heads-up to them if you need any medical assistance.



Monsoon Precautionary Measures:

- Use trekking shoes with a good grip to avoid slipping.
- Take precautions against bugs.
- Carry First Aid & Necessary Gear.
- Protect your valuable items like cameras, phones, IDs, etc. with an extra plastic cover, and then put them in your bag.
- Keep in touch with a friend and family member.
- It's important to make note of all emergency contacts and numbers.

Tips:

- A haversack to put in all the things to be carried so that one has one's hands free while trekking.
- Please do not carry sling bags or jholas. Avoid wearing gold and other ornaments.
- Smoking and the consumption of alcohol are strictly prohibited.

Why Adventure Geek for Naneghat Trek?

- 6 years of experience in organizing Naneghat Trek with safety.
- Served over 500+ customers last year with amazing reviews.
- Limited participants with the best services.
- Travel always in AC bus.
- We provide one trek leader for every group of 10 people.

Inclusions

- Travelling from Borivali – Naneghat - Borivali by AC Bus
- Breakfast
- Lunch (Unlimited)
- Expertise Charges
- Entry fee



- First Aid Kit

Exclusions

- Any personal expenses
- Not mentioned in Inclusion

Things to carry

Things to Carry: Identity Card 1ltr of pet Water bottle or hydration pack Trekking Shoes Glucon D powder Snacks & biscuits Extra pair of clothes Clean napkin or towel Raincoat/ Poncho / WindCheater Cap, sunglasses, scarf Haversack or backpack Camera (optional) Please carry personal medicines if any Hand Sanitizer

Cancellation & Refund Policy

Cancellation Policy: 75% refund if notified via phone conversation 8 or more days prior to the event date. 50 % refund if notified via phone conversation 4 to 7 days prior to the event date. No refund if the cancellation requested is less than 3 days prior to the event date Event Tickets cannot be transferred to another date against cancellation. Event Tickets can be transferred to another person against cancellation. If Trek gets canceled we will refund "Trek Amount" only.

Pickup point

[View on Google Maps →](#)

Review and Rating

★★★★★ Aggregate Rating: 4.7 out of 5 Rating count: 2565